



coaching | mentoring | supervision

# Diploma in Coach | Mentor Supervision

EMCC ESQA accredited

Modular Programme **integrating ESIA**

EMCC European  
Supervision  
Quality Award

**ESQA**

EMCC European  
Supervision  
Individual Accreditation

**ESIA**

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## Diploma in Coaching | Mentoring Supervision

**Pre-programme:** Completion of personal profiling tools and guided reading

### Social media 'hellos' – Personal Profiling – How this programme works

<p><b>Module 1</b> Induction</p>	<p><b>What can I expect from the programme?</b></p> <p>Let's meet: Who we are, where we come from and what else!</p> <p>Questions and learnings from pre-course work   Diploma Portfolio</p> <p>Coaching   mentoring supervision 'myths and meanings'</p> <p>Working together 'likes and dislikes'</p> <p>An 'Avatar' of your future supervisor offering</p>
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### Interim Practice – Mastermind Groups – Social Media newsfeed

<p><b>Module 2</b> What's coach   mentor supervision all about?</p>	<p><b>Why have it and what is Supervision?</b></p> <p>What's new?</p> <p>Growth in organisational coaching   mentoring</p> <p>Challenges   Benefits of organisational coaching   mentoring</p> <ul style="list-style-type: none"> <li>Options for supervision delivery and what each achieves</li> </ul> <p>Model of Supervision (Part One)</p> <p>Skills Practice</p>
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### Interim Practice – Mastermind Groups – Social Media newsfeed

<b>Interim Practice – Mastermind Groups – Social Media newsfeed</b>	
<b>Module 4</b>	<p><b>Demonstration of supervision:</b></p> <p>Opportunity for delegates to view supervision in action</p> <ul style="list-style-type: none"> <li>• What focus did the supervisor choose in the session and the reason(s) for this</li> <li>• General exploration of the session and shared review</li> </ul>
<b>Interim practice – Mastermind Groups – Social Media newsfeed</b>	
<b>Module 5</b> Developing Competence as a Supervisor	<p><b>Developing Competence as a Supervisor</b></p> <p>Observed practice sessions with peer supervisors</p> <p>Reflection</p> <p>Developmental feedback</p>
<b>Interim Practice – Mastermind Groups – Social Media newsfeed</b>	
<b>Module 9</b> Developing competence as a supervisor	<p><b>Developing competence as a supervisor</b></p> <p>Observed practice sessions with peer supervisors</p> <p>Reflection</p> <p>Developmental feedback</p>
<b>Interim Practice – Mastermind Groups – Social Media newsfeed – Video View</b>	
<b>Module 10</b> Guest speaker	<p><b>Deepening your Supervision Practice:</b></p> <p>Typical sessions: Example: Ethical Dilemmas</p> <ul style="list-style-type: none"> <li>• A practising supervisor share learnings from their client work</li> <li>• Case study of an organisational supervision programme</li> <li>• A supervision theory   model illustrated</li> </ul>
<b>Interim Practice – Mastermind Groups – Social Media newsfeed</b>	
<b>Module 11</b> Expanding your practice	<p><b>Group Supervision and Intervision:</b></p> <ul style="list-style-type: none"> <li>• <b>EMCC Capability Indicators for Group Supervision</b></li> <li>• Group Supervision Practice: <ul style="list-style-type: none"> <li>◦ Angela and Demons</li> </ul> </li> <li>• Observed Group Supervision Practice session</li> </ul>
<b>Interim Practice – Mastermind Groups – Social Media newsfeed</b>	

<p><b>Module 13</b></p> <p>Developing Competence as a Supervisor</p>	<p><b>Developing competence as a Supervisor</b></p> <p>Observed practice sessions with peer supervisors</p> <p>Reflection</p> <p>Developmental feedback</p>
<p><b>Interim Practice – Mastermind Groups – Social Media newsfeed</b></p>	
<p><b>Module 14</b></p> <p>Guest speaker</p>	<p><b>Supervision in Practice:</b> Example: Attachment Theory</p> <p>Typical sessions:</p> <ul style="list-style-type: none"> <li>• A practising supervisor share learnings from their client work</li> <li>• Case study of an organisational supervision programme</li> <li>• A supervision theory   model illustrated</li> </ul>
<p><b>Interim Practice – Mastermind Groups – Social Media newsfeed</b></p>	
<p><b>Module 15</b></p> <p>Developing your practice</p>	<p><b>Use of Self (Part TWO)</b></p> <ul style="list-style-type: none"> <li>• Transference and Counter Transference</li> <li>• Multiplicity: Working with Multiple Selves</li> <li>• Observed practice session</li> </ul>
<p><b>Interim Practice – Mastermind Groups – Social Media newsfeed</b></p>	
<p><b>Module 16</b></p> <p>Supervisor   Supervisee relationship</p>	<p><b>Systemic Supervision</b></p> <ul style="list-style-type: none"> <li>• Systemic Influences: <ul style="list-style-type: none"> <li>○ The wider context</li> <li>○ Taking a 'helicopter' view and holding multi-perspectives</li> </ul> </li> <li>• Observed Practice Session</li> </ul>
<p><b>Interim Practice – Mastermind Groups – Social Media newsfeed</b></p>	
<p><b>Module 17</b></p> <p>Guest Speaker</p>	<p><b>Deepening your Coach Supervision Practice</b></p> <p><b>Supervision in Practice:</b> Example: Neuroscience and Supervision</p> <p>Typical sessions:</p> <ul style="list-style-type: none"> <li>• A practising supervisor share learnings from their client work</li> <li>• Case study of an organisational supervision programme</li> <li>• A supervision theory   model illustrated</li> </ul>
<p><b>Interim Practice – Mastermind Groups – Social Media newsfeed</b></p>	

<p><b>Module 19</b> Dimensions of Discovery</p>	<p><b>Environment – Symbolism – Emergent</b></p> <p><b>Environment:</b></p> <ul style="list-style-type: none"> <li>• What resources are available to us beyond our 'comfort zone' working environment?</li> </ul> <p><b>Symbolism:</b></p> <ul style="list-style-type: none"> <li>• What new intelligence can we source from being playfully creative?</li> </ul> <p><b>Accessing the wider field:</b></p> <ul style="list-style-type: none"> <li>• Noticing what emerges through 'being' together</li> <li>• Observed Practice session</li> </ul>
<p><b>Interim Practice – Mastermind Groups – Social Media newsfeed</b></p>	
<p><b>Module 20</b> Guest Speaker</p>	<p><b>Deepening your Coach Supervision Practice</b></p> <p>Introduction to <b>Team Coaching Supervision:</b></p> <ul style="list-style-type: none"> <li>• How is team coaching supervision different?</li> <li>• What are the main features of team coaching supervision?</li> <li>• What additional competences do I need to be a team coach supervisor?</li> </ul>
<p><b>Interim Practice – Mastermind Groups – Social Media newsfeed</b></p>	
<p><b>Module 21</b> Springboard to Practice!</p>	<p><b>Portfolio Completion:</b></p> <ul style="list-style-type: none"> <li>• Personal statement Part 2 Delivery</li> <li>• Gaining the accredited EMCC ESQA programme certificate and reviewing ESIA application</li> <li>• Convincing others of the benefits of supervision</li> <li>• Supervisor support networking</li> <li>• Continuing Professional Development</li> </ul>

**Full Programme and Investment for this programme is available on request at [info@blueskyinternational.com](mailto:info@blueskyinternational.com)**