

Supervision Training for Internal Coaches – SAMPE PROGRAMME

Learning outcomes:

At the end of this programme the coaches will:

- understand the purpose of reflective practice (coach supervision)
- explain a range of reflective practice approaches
- apply at least one model of reflective practice
- agree a process for providing reflective practice to internal coaches
- identify a process for collaborative support between reflective practitioners

Summary of programme schedule

Pre-programme activity:

- Complete self-assessment and learning styles questionnaires
- Create a personal learning plan
- Familiarisation with core text

Facilitated sessions for Modules 1 and 2:

Day 1 – Learning and practice

Module 1

- Introduction to reflective practice – definitions and purpose
- Organisational context
- Types of reflective practice
- Competences for reflective practice

Module 2

- Introduction to models of reflective practice
- Tools and techniques to support coach practice development
- Practice sessions

Self learning activity for Module 3:

Module 3

- Completing personal learning portfolio
- practice sessions with internal coaches, group and peers

Facilitated sessions for Modules 4-6:

Day 2 – Review and observed practical assessment

Module 4

- Challenges/opportunities of using reflective practice within the organisation
- Skills clinic

Module 5

- Assessment of reflective practice skills

Module 6

- Looking ahead – next steps

Self learning activity for portfolio completion:

- Post day 2 – complete reflective essay and personal learning portfolio

Individual feedback:

- Assessment results