



Action Plan for:
Coach Training

Diploma for
Professional
Management Coaches
and Mentors

ILM Levels 5 and 7
EMCC EQA
Practitioner level
accredited
modular qualification
programmes



provider of EMCC EQA accredited coach training
A registered limited company in England and Wales

business development



Bluesky International

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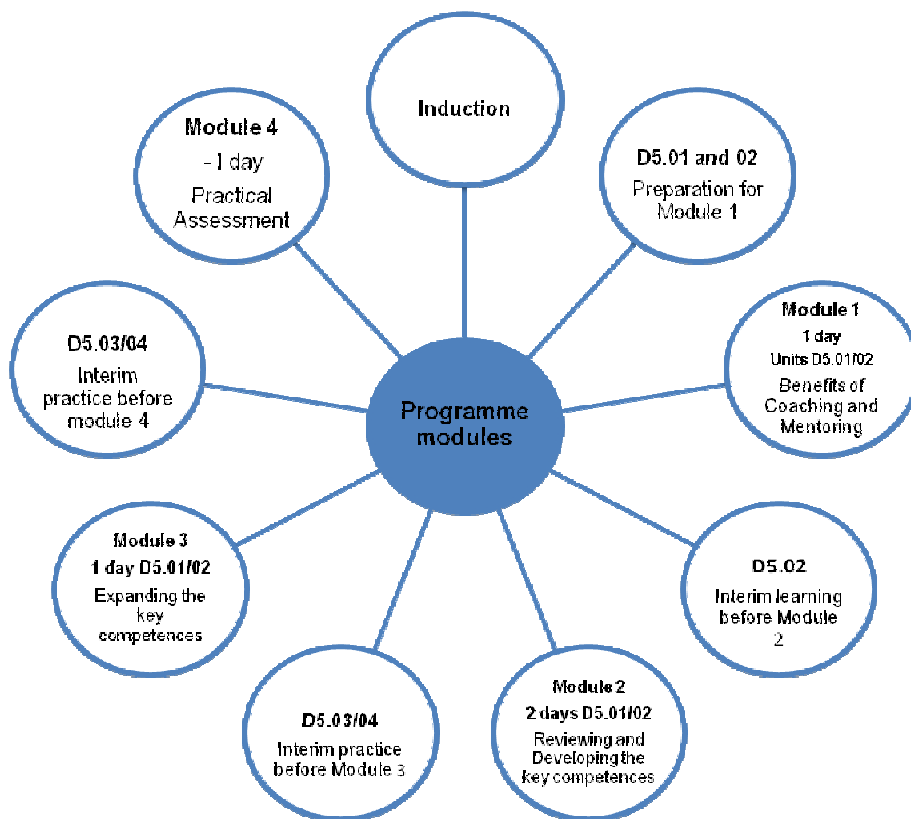
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Introduction

The following provides information of the Level 5 modular programme. The modules are necessarily delivered over a period of time which enables delegates to practically apply the skills learning delivered during the workshops. This is also a requirement of the EMCC EQA and ILM accreditation criteria.

The Level 7 programme has an additional module which includes advanced coaching and mentoring models and techniques. You can complete the Level 5 programme and progress to Level 7 and gain a higher level award if this is your preferred route.

Modular flowchart of programme delivery for Level 5:



Who should attend?

This programme is appropriate for:

- Managers and leaders who are significantly involved in organisational coaching and mentoring as part of their role.
- Individuals wishing to take the first steps into independent coaching practice
- Individuals who provide an in-house coaching service



Benefits to delegates

- ✓ Award of Bluesky International ILM / EMCC EQA accredited qualification
- ✓ Can apply coaching skills in a range of activities including:
 - ✓ client-based practice
 - ✓ improving relationships with others
 - ✓ management and leadership style
 - ✓ one-to-one performance conversations

Length of programme

Duration 9 months for Level 5:

🕒 Workshops (2 hours induction + 5 days)

- 🕒 Induction
- 🕒 Modules 1 -3 (skills knowledge and practice)
- 🕒 Module 4 (assessment of practical skills)

🕒 Field work (approximately 10 hours weekly during the programme) includes:

- 🕒 tutorial support
- 🕒 personal learning and development plan
- 🕒 skills practice
- 🕒 supervision
- 🕒 core reading
- 🕒 coaching assignment
- 🕒 learning log and reflective review
- 🕒 coach/mentoring diary

Delivery method:

Bluesky International programmes are delivered by professionally qualified/accredited coaches and facilitators. You will have met the programme facilitator(s) and gained advice about assessors during the programme induction.

The programme is delivered through a blended experiential learning approach with:

- core reading
- knowledge development workshop sessions
- skills practice
- observed sessions
- group activities and discussion
- video recording
- feedback
- reflective practice
- case study assignment
- fun in an enjoyable learning environment!



Assessment of competence:

Delegates are supported throughout the programme to develop their skills and capability. Successful completion of the programme and award of certificate is gained through attendance on all modules, practical skills observed assessment and assessment of end of programme portfolio.

Terms and Conditions:

Delivery Dates:

- The programme dates for 2010/2011 are:
 - 15 July 2 hour induction
 - 7 September Module One
 - 2/3 November Module Two
 - 12 January Module Three
 - 8 March Module Four

Location:

- This programme is delivered at the Bluesky International offices in the centre of Cheltenham Gloucestershire or in house for corporate programmes.
- Corporate programmes can be designed to meet organisational needs.

Fee inclusive of programme manual:

- Level 5 - £2,500 + registration fee + VAT
- Level 7 - £3,750 + registration fee + VAT

If you have any questions relating to this programme please contact:
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Lise Lewis
Director
Bluesky International